

What Families Should Know About Ebola

TALK TO YOUR KIDS:

- It is OK to feel and express fear about Ebola
- The risk of a child in the U.S becoming sick with Ebola is extremely low

Ebola is NOT:

- Spread through casual contact such as walking by someone
- As infectious as the cold or flu
- Spread through water or air

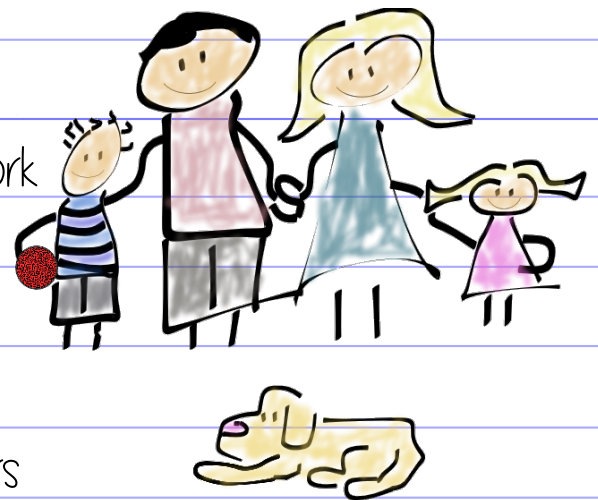
PRACTICE PREVENTION:

The same things that work for flu work for Ebola too:

- Wash hands often
- Avoid touching your eyes, nose & mouth
- Avoid close contact with sick people
- Clean surfaces (Ebola is killed with household bleach)

TAKE CARE OF YOURSELF:

- Feeling sick?!?! Stay home from school or work and call your doctor.



READY TO RESPOND:

- State & local health are monitoring travelers arriving from Ebola-affected countries